



ALDE

The Holistic Way of Spa

*Beauty is not a privilege...
It's a right!*

ANNE SEMONIN FACIAL TREATMENTS

AGE DEFEND 55' 100€

Anti-aging treatment using nature's richest and most nutritious ingredients.

OLIGO SKIN PROTECT 55 100€

Mattifying and balancing treatment.

SOOTHING SKIN SAVIOUR 55' 100€

Feel recovery for sensitive skin with the calming power of sea extracts.

CRYO TIME FREEZE 55' 110€

Feel immediate toning, radiance and brightness using the age defying effects of cryotherapy.

EXQUISITE MIRACLE EYES 45' 110€

Cryotherapy treatment against dark circles and puffiness, specifically designed for the delicate eye area.

ULTIMATE SKIN RENEW 60' 120€

A medically inspired facial therapy that softens visible imperfections such as pigmentation, spots and fine lines.

MARINE MINERAL PURIFIER 75' 120€

Traditional steam and extraction techniques combined with the power of marine elements resulting a decongested and purified skin.

ULTIMATE EXPERIENCE AGE PROTECT 85' 130€

A complete facial spa treatment designed to address your every need with a tailored eye, face and décolleté ritual.

PRECIOUS PEARL ULTRA LIFT 85' 140€

The ultimate wrinkle-fighting and lifting treatment for restoring skin's lack of firmness and tone.

ANNE SEMONIN BODY TREATMENTS

NUDE SCRUB

30' 50€

A rich and smoothing scrub with pink quartz powder
to leave the skin soft and radiant like gold.

LE VINTAGE

Revitalizing & Anti-oxidant Body Exfoliation

35' 50€

This energizing grape seed body polish will leave your
skin delightfully smooth and nourished perfection.

LA SELECTION DU SOMMELIER

Anti-aging Body Cocooning

55' 100€

Nurture your body and your senses with the naturally anti-oxidant
benefits of grapes and regenerate your skin to its best.

VALMONT SPECIAL TREATMENTS

INTENSE HYDRATION 55' 100€

A moisture restorative treatment that boosts your skin's hydration.

SUMMIT OF CERVIN 90' 150€

This resolutely lifting and firming expert treatment re-defines
all face areas marked by the passage of time.

SOURCE OF BISSES 90' 150€

A new ultra replenishing and anti-aging protocol that
provides the skin with an optimum moisture level.

L'ELIXIR DES GLACIERS 90' 150€

A majestic and complete facial that treats
the face and the décolleté in the most refined way.

MEDISPA

ULTRA YOU 30' 50€

Specially made to fit your skin's needs using ultrasound technology for more effective results.

COLLAGEN BOOSTER 45' 60€

The advanced RF (Radio Frequency) technology promotes the natural generation mechanisms of your skin, restoring its firmness while it reduces fine lines and wrinkles.

OXYGENEO 45' 120€

Exfoliation-Oxygenation mechanical mesotherapy:
An all-in-one treatment for radiant and revived skin.

ALDE SPA FACE TREATMENTS

EXPRESS FACIAL TREATMENTS 25' 30€

A quick rejuvenation on your daily routine, to awaken your skin and restore your glow.

MOISTURIZING ALDE TREATMENT 50' 50€

Empower your skin with deep moisturizing ingredients for a hydrated and plumped face.

PRE SUN FACIAL TREATMENT 45' 40€

Enjoy the sun with this specialized preparation treatment for a carefree exposure.

AFTER SUN FACIAL TREATMENT 45' 40€

Soothing treatment for sun damaged skin.

ALDE SPA BODY SCRUBS

CINNAMON 25' 35€

This creamy cinnamon and apple extract exfoliation offers you the moisturizing and anti-oxidant action your skin needs, leaving it purified and nourished.

PDM Peeling Gel 25' 30€

An invigorating scrub with sea-salts and aromatic oils for a silky smooth skin.

Quick Delight 20' 20€

A toning and hydrating scrub with Pearl and Olive leaf extract.
Feel the pleasant detox sensation and elasticity repair on your body.

ALDE SPA MASSAGES

BACK RELIEF 25' 55€

Anti-stress massage for tension relief.

NECK FACE AND SCALP 25' 55€

Neck pain relief massage combined with special pressures on the face and the scalp for deep relaxation.

ACHILLES 25' 55€

Relieve your legs and feet with this ancient technique. It invigorates and balances the whole body.

LYMPHATIC DETOX MASSAGE 55' 70€

A form of gentle massage that encourages the movement of the lymph to remove waste and toxins from the bodily tissues.

MOTHERS CARE 55' 60€

Therapeutic massage that helps reduce anxiety, relieve muscle aches and joint pains.

KIDS JOY 25' 35€

Massage suitable for children that helps relaxation, growth, development and stimulation.

ALDE'S ELIXIR 55' 85€ or 85' 125€

A very relaxing total body massage, in which the therapist uses your preferred pressure with therapeutic oils for deep body and mind relaxation.

AROMA TOUCH 55' 85€ or 85' 125€

Deep massage with different essential oils to each body part to improve the sense of aroma,

SPORTS 55' 85€ or 85' 125€

Deep sports massage with stretching exercises to tone the body and reduce muscular tension.

HOLISTIC APPROACH

REIKI

45' 75€ or 60' 95€

Reiki is a form of alternative therapy using universal energy to treat many conditions and emotional states

SHIATSU

45' 75€ or 60' 95€

Shiatsu uses thumbs acupressure to release tension and bring balance to the body the emphasis of Shiatsu is the treatment of the whole meridian.

TOTAL BODY

30' 55€ or 60' 85€

Deep massage with different essential oils to each chakra center to improve emotional and mental well-being

AROMA CHAKRA BALANCE

30' 55€ or 60' 85€

Deep massage with different essential oils to each chakra center to improve emotional and mental well-being

MEDITATIONS

Mindfulness-Focused-Mantra-Visualization

15' 20€ or 30' 30€ or 60' 40€

Meditation techniques are often described as being either calming or insight meditation. These meditations also help improve feelings of well-being, happiness, and empathy for others.

TAICHI QIGONG

30' 10€ or 60' 20€

People all over the globe use Taichi & Qigong exercise to relax, heal and connect their minds and bodies to the energy flow.

OTHER SERVICES

WAXING

Legs, Bikini, arms, under arms 20€ -30€

Lash lift and tint 50€

Brow Henna 25€

Make up 50€

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CANCELLATION POLICY MANDATORY REQUIREMENTS FOR THE ALDE SPA

ATTENTION: Most of our services require preparation time to properly prepare the room for your treatment.

Preparations may include the use of products. Due to the timing, cost of preparations, and to hold the room in anticipation of your visit,

- We kindly ask for the following considerations when booking and canceling an appointment.

We kindly ask you to provide us with at least a 24-hour notice for all appointment cancellations. Due to COVID-19 for your convenience appointments can be canceled up to 4 hours before your appointment time. You can call or emailing if you are canceling less than 24 hours before your appointment time. Leave a message if no one answers the phone. This is to ensure the Spa has received your cancellation notice.

- No shows or same day cancellations that are less than 4 hours of your appointment time, 50% of the service will be charged in order to reschedule. For Gift Certificates, 50% of the service value will be redeemed. For Packages 50% of a single service value, at its regular price, will be redeemed.

Complimentary services: No shows or same day cancellations that are less than 4 hours of your appointment time, to re-book there will be a \$25 Consultation fee.

Alde Spa Etiquette and faqs

ARRIVAL: Please arrive 10' – 15' min before your scheduled appointment time. New clients will have a form to fill out and a consultation will be done before starting your service.

Arriving early will not guarantee your service will start before your scheduled appointment time. Please call ahead to check if your service can be started before the scheduled time.

SICKNESS AND ALLERGIES: If you show up for an appointment and are sick or getting over a sickness, or show signs of severe allergies, this includes but not limited to coughing, sneezing, congestion, you will be refused service and will be charged to re-book an appointment. *NOTE: it is normal that we sometimes cough to clear our throats or sneeze. Allergies are very common and can cause symptoms similar to a cold or flu. It will be at the discretion of the service provider to choose to do a service if symptoms appear unusual or more severe than just normal allergies due to pollen, etc. It is not advised that someone with severe allergies to get a facial at that time, as the skin can be more reactive and sensitive to products used in treatments.

ROBE AND SLIPPERS: are provided for your convenience.

LOST OR STOLEN ITEMS: Alde Spa is not responsible for lost or stolen items. Please keep all personal items with you.

GYM and CLASSES: are not available to Spa guest. The Gym and all classes are for use by Gym members only.

CELL PHONES: Please leave cell phones on silent or vibrate as to not to disturb your service or others.

LATE ARRIVAL: We understand that it can be difficult at times to arrive on time for appointments. Please call and let us know if you will be late. We will try our best to accommodate you; however, out of respect for other clients' time, we cannot guarantee the full-service time if you are late. We will do what we can in the time allowed.

CONSULTATIONS: Consultations are always done before starting your Facial. Enough time is add to do a Facial after consultation. There may not be time for additional services with a Facial, depending on time and the services being requested during your consultation.

PRODUCT RETURN POLICY: Products must be returned within 2 weeks, with the full value returned in the form of a gift card products. Products must be in original packaging, unused, unopened, to receive full credit. Products that have been used and have original packaging, will receive 50% of the product value in the form of a gift card. It is at the discretion of the Spa as to the exchange of used products and its exchange value. All returns must show receipt of purchase if the Spa is not aware of the client's product purchase. Please call or email the Spa immediately, if you have any concerns or issues with the products you purchased so that the Spa can address any product issues quickly. Please call or email the Spa if you can not return a product within 2 weeks.

GIFT CERTIFICATES: Expiration is 1 year from the purchase date. Gift Certificates are not redeemable for cash, and are nonrefundable. Gift Certificates and Gift Cards must be present at the time of service.

PACKAGES: All Packages purchased are not redeemable for cash, are nonrefundable, and non-transferable. Packages must be used by the expiration.

PAYMENTS: We accept all major credit cards. We do not accept personal checks or traveler's checks. Cash is excepted but you must have exact change. The Spa does not have a cash drawer and will not provide change.

GUEST: must be at least 18 years old to receive spa services. Anyone under 18 years of age, that enters the Spa facilities, must be accompanied by a parent or guardian, and must be attended to at all times.

TREATMENT ROOM POLICY: Only the client receiving a service is allowed in the treatment room at the time of service. All other guests must wait in the waiting area, there is no exceptions except for those under the age of 18 as they must be accompanied by an adult at all times. Due to COVID-19 only the client receiving a Spa service is allowed in the treatment room. Please do not bring anyone under the age of 18 with you.

WHEN RECEIVING SERVICES: The Spa wants you to relax, and enjoy your service. It is important that the Esthetician is able to focus on your service and skincare needs. It is preferred for you to leave your child/ minor at home, if possible. DUE TO COVID-19 WHEN RECEIVING SERVICES, we ask you to leave your child/ minor at home. This is for their safety as well as the safety of everyone in the treatment room.

PLEASE NOTE: that it is at the Spa's discretion to stop a service or refuse a service, if the service provider feels unsafe, mistreated, or harassed (verbally or physically) by a client, or if the service is not appropriate for the client, depending on the client's information provided at the time of consultation, medical history, injuries, or composition.

Please be aware: of our policy regarding on house request appointments, the value of your appointments must be 40€ & more



A L D E S P A

The holistic way of Spa

Consulting & Management